

**Subject:** Questionable Lives  
**From:** "St. Francis Episcopal Church" <[vicar@stfrancisva.org](mailto:vicar@stfrancisva.org)>  
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**To:** "Larry" <[lckiddjr@gmail.com](mailto:lckiddjr@gmail.com)>

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# St Francis



February 10, 2016

## Questionable Lives

*Always be prepared to give an answer to everyone who asks  
you to give the reason for the hope that is in you.  
I Peter 3:15*

### ***It's Lent***

Today is Ash Wednesday. It's the first day of Lent. You have probably thought about what you want to give up, or do. I am encouraging our members and friends at St. Francis to live questionable lives during Lent. I am going to use Michael Frost's book *Five Habits of Highly Missional People* as a guide. Frost suggest developing five habits that

will help us develop a lifestyle in which people ask us about the love of God. I will highlight one each Sunday of Lent asking our people to take it up as a habit in their own lives. I think it will be a very rich Lent this year.

### ***Here's How It Works***

Frost uses the acrostic BELLS. B=bless, E=eat, L=Listen, L=learn, and S=send. Each week we will take up the next habit in the BELLS format. It will proceed like this:

#### **BLESS**

I will bless three people this week, at least one of whom is not a member of our church.

#### **EAT**

I will eat with three people this week, at least one of whom is not a member of our church.

#### **LISTEN**

I will spend at least one period of the week listening for the Spirit's voice.

#### **LEARN**

I will spend at least one period of the week learning Christ.

#### **SENT**

I will journal throughout the week all the ways I alerted others to the universal reign of God through Christ.

I am looking forward to the stories and the fruit that will come from this.

How is God asking you to live a questionable life?

## **Coming Attractions**

### ***Wednesday, February 10, 2016***

4:00pm Vestry Committee

6:00pm Ash Wednesday service

7:00pm Caregivers' Support Group contact Susan at [sokidd@comcast.com](mailto:sokidd@comcast.com)

7:00pm Theology on Tap contact Richard at [richardandhedy@yahoo.com](mailto:richardandhedy@yahoo.com)

***Sunday, February 14, 2016*** worship at 10:00am followed by pot luck

Sunday, February 21, 2016 worship at 10:00am

### ***Our Missional Communities***

*The Parke* will meet on February 11, 2016 for worship and pot luck at the home of Richard and Hedy Walker. Contact Richard at [richardandhedy@yahoo.com](mailto:richardandhedy@yahoo.com)

*Symphony* will meet on February 28, 2016 at Symphony Manor at 9:00am. Contact Bobbie Leviness at [bobbiedrew@yahoo.com](mailto:bobbiedrew@yahoo.com)

***Please bring nonperishable food*** to worship to be given to the Food Pantry of the Goochland Free Clinic an Family Services

***Centerville Circle of Prayer***

Goochland Dentistry, Peter Murchie, owner, that business would increase.

***Diocese of Virginia***

For the clergy and people of St. Peter's, Port Royal; Christ Church, Luray; St. Peter's Purcellville; God Shepherd, Bluemont; Hanover with Brunswick, King George; St. George's, Stanley; St. Paul's, Shenendoah that they would continually walk in the power of the Holy Spirit.

***Metropolitan Richmond***

For the coming of God's Kingdom in Metropolitan Richmond: For healthy economic development, which enhances the community, employs the unemployed, and contributes to the common good.

Grace and Peace,

John Maher

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*St. Francis Episcopal Church  
PO Box 303  
Manakin Sabot, VA 23103*

*804-784-6116*

[vicar@stfrancisva.org](mailto:vicar@stfrancisva.org)  
[www.stfrancisva.org](http://www.stfrancisva.org)



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St Francis Episcopal Church · 1484 Hockett Rd · Manakin-Sabot, VA 23010 · USA

