Subject: The Opposite of Rejection is Freedom

From: St. Francis Episcopal Church <vicar@stfrancisva.org>

Date: 5/22/2013 10:52 AM **To:** Larry <lckiddjr@gmail.com>

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May 22, 2013

The Opposite of Rejection is Freedom

When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about

the future. He will bring me glory by telling you whatever he receives from me. All that belongs to the Father is mine; this is why I said, 'The Spirit will tell you whatever he receives from me.

John 16: 13-15

Rejection

Last Sunday at St. Francis we made a list of reasons why we hesitate to invite someone to come to church with us. At the top of the list is rejection. Most people would put this at the top of their list, especially when thinking about inviting someone to come along with them to visit a Sunday service. Usually, this sense of rejection will stem from some event or ongoing situation from the past. It causes us to believe what someone else tells us about ourselves that is not really true. For example, you could carry a sense of rejection for years if someone says something to like this, "I have pets that are smarter than you." We are created to connect with others. When that connection is prevented or severed we can feel a deep sense of rejection.

Freedom

Many people will hold back from extending invitations, making friends, or getting involved in something thinking that freedom is the absence of trouble (remember that line from "Me and Bobby McGee"- "freedom's just another word for nothing left to lose"). Freedom is not really the absence of problems. Freedom is the fullness of what you were created to be. It is knowing that God will never leave you no matter what. It is standing on the reality that God will always be building you up, no matter how hard things get. Someone who turns down your invitation cannot take that away from you. When it crosses your mind to invite someone to worship that is God prompting you to share a bit of the fullness you already have with your friend. Even if your friend says "No," God will still be right next you, building you up, and leading you to the next steps in your life. Is there someone God has placed on your mind today to invite, or visit, or help in some way?

Coming Attractions

Sunday, May 26, 2013- worship at 10:00am

Ministry of Hope is a ministry for which Richard Walker serves as president of the Board of Directors. He shared with us recently about one of the pastors in Pakistan connected with this ministry, Asif, who was killed in an attack on the church building. Please keep Asif's wife, young son, and church family in your prayers. You can learn more about Ministry of Hope as well as how to help Asif's family financially at ministryofhope.info.

June 7 & 8, 2013 St. Francis to Participate in the Goochland Relay for Life

Goochland Elementary School Track 3150 River Road West Goochland, VA 23063

Each year Goochland County sponsors a Relay for Life event to help fight cancer. For the very first time, St. Francis will participate in this event to be held on the Goochland Elementary School track on June 7-8. Besides giving everyone an opportunity to fight cancer and help save more lives with donations, it gives St. Francis an opportunity to serve the community.

St. Francis' goal is \$1000. We have now gone over \$1200! Thank you for your generosity!!!

Luminary candles are also available for \$10 to remember those afflicted by cancer.

Registration forms are in the vestibule of the church, or you may register online at www.relayforlife.org/goochlandva.

A Few Good Books:

Summer's almost here, and the time is right for reading. Here are a few suggestions:

Breaking Free From Rejection by John Paul Jackson

Richmond's Unhealed History by Ben Campbell

Chasing Francis by Ian Morgan Cron

Visit our website www.stfrancisva.org

Grace and Peace,

John Maher

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